



Meat and poultry

	REFRIGERATOR (MAX 7 °C)	FREEZER (-18 °C)
raw beef	2 days	6 months
raw pork	2 days	4 months
raw chicken [Note: in the refrigerator max. 2 days - max. 4 °C instead of 7 °C]	See description	6 months
raw minced meat, hamburgers, slavink (ground meat)	1 day	2-3 months
fried and roasted meat	2 days	3 months
leftover barbecue meat	do not store!	-



Deli meats

cervelat sausage, bacon, breakfast bacon, smoked meat (salted deli meats)	2 days	1-3 months
luncheon meat, Gelderland sausage, boiled sausage, roasted minced meat, liver cheese, (spread) liverwurst (cooked deli meats)	2 days	3 months
ham, pork cutlet, chicken breast	2 days	3 months
fillet / veal, roast beef	2 days	3 months
filet américain / steak tartare	1 day	-



Fish

raw cod, plaice, tuna (lean fish)	1-2 days	6 months
raw salmon, mackerel (fatty fish)	1-2 days	3 months
smoked salmon, smoked mackerel, smoked eel	2 days	3 months
salted herring	1-2 days	3 months
fried fish fillet, battered and fried fish nuggets (fried fish)	2 days	3 months
shrimp	1 day	3 months
raw mussels	1 day	-
cooked mussels	1-2 days	3 months



Butter, cheese, and eggs

butter	1 week	-
margarine	1 week	-
halvarine	1 week	-
a piece of young or young matured cheese	1 week	2-4 months
a piece of matured or old cheese	2 days	2-4 months
slices of cheese	2 days	-
grated cheese	2 days	-
soft cheese (brie, camembert)	1 day	3 months
cream cheese	1 week	-
raw, uncooked eggs	see packaging	-
boiled egg	1 day	-

The stated storage periods serve as a guideline once opened.
However, the information on the product label is leading at all times.



Dairy products

	REFRIGERATOR (MAX 7 °C)	FREEZER (-18 °C)
milk, chocolate milk	2 days	-
buttermilk, drinkable yogurt	2 days	-
yogurt, quark	2 days	-
vla / pudding	2 days	-
whipped cream	2 days	-



Processed vegetables

cut vegetables	2 days	3 months
lettuce, endive, spinach (leafy greens)	2 days	3 months
string beans	2 days	3 months
carrots, broccoli	2 days	3 months
endive, cauliflower	2 days	3 months
eggplant, zucchini, bell pepper, winter carrot	2 days	3 months
cucumber, tomatoes	2 days	3 months



Other

canned meat, canned fish, canned vegetables	2 days	-
canned or jarred fruits	2 days	3 months
fruit juice and fruit-flavored soda	2 days	-
saucers assorted	see packaging	see packaging
dressing	1 days	2 days
olives, gherkins and silver onions (pickled products)	2 days	-
sandwich salads / spreads.	1 day	-
ready-made meals, leftovers from hot meals	2 days	3 months
prepared soup	2 days	3 months
whipped cream cakes, cakes with whipped cream	1 day	1 month
apple pie, pie without whipped cream	2 days	3 months